

top performance & well-being



# Altonova Ltd -Creative Approach to Top Performance

Eija Mäkirintala

Doctor, CEO, Trainer and Business Coach

Olli-Pekka Mäkirintala

Licentiate of Tech, MSc (Econ.), Senior Partner

**ALTONOVA Ltd** 

SUC / Aalto University

Hiilikatu 3, 00180 Helsinki

Mobile +358 45 1335845 / +358 40 5541031

<u>eija.makirintala@altonova.fi</u>, <u>olli-pekka.makirintala@altonova.fi</u> www.altonova.fi



#### Creative approach to top performance

# WANTED! CREATIVE APPROACH TO TOP PERFORMANCE



Doctor, Trainer, Business Coach, Violist Eija Mäkirintala

Have developed an internationally unique coaching concept

Expertise comprises theoretical and practical skills: Doctoral dissertation and more than ten years (2000) hours of coaching and training

The first coaching related dissertation in Finland - it integrates professional top performance and well-being



Special area - exploiting arts based concepts in organizational and business development, see Aalto University / Creative Finland

http://www.luovasuomi.fi/index.php/tietoa/julkaisuja

Background: Performing artist, professional violist



# WANTED! CREATIVE APPROACH TO TOP PERFORMANCE



#### Trainer, Business Coach, Olli-Pekka Mäkirintala

Has been one of the first software process developers in Finland

Expertise comprises theoretical and practical skills: Business background and wide experience of coaching and training

Lisenciate of Technology, MSc (Economics), Certified Scrum Master, Certified Scrum Product Owner



Special areas: - software business, quality, responsible business - also member of Crnet Group (www.crnet.fi)

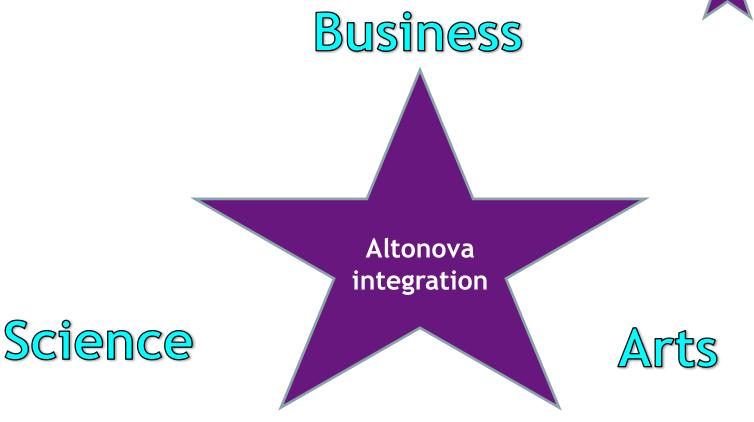
Coaching basics in Ashridge Masters of Executive Coaching -program





Altonova's goal is to release the creative potential of individuals, teams and the entire organization to top performance and strategically important innovations.









# Altonova training and coaching

CREALEAD™ - Creative Self-Leadership

EVOINNO™ - Creativity Masterclass

PREMLEAD™ - Leadership Masterclass

INNOVATION AGENT™ - Creating Innovation Culture

HOPE™ - New Wave Coaching











### Why - Where we can help...

#### Co-creating value (ROI) together with our Customers

- 1. Integrate top performance and well-being at personal level
- 2. Build sustainable basis for effective leadership with appreciative leadership and communication style
- 3. Create a new type of organizational culture supporting second order changes and innovations





### What is ROI today...

#### Not only short term euros...but long term value via

- Innovative top class solutions and services made by motivated and happy people
- ♥ Increased customer loyalty
- Agile organization with fast communication and implementation
- ♥ Top class brand value and image





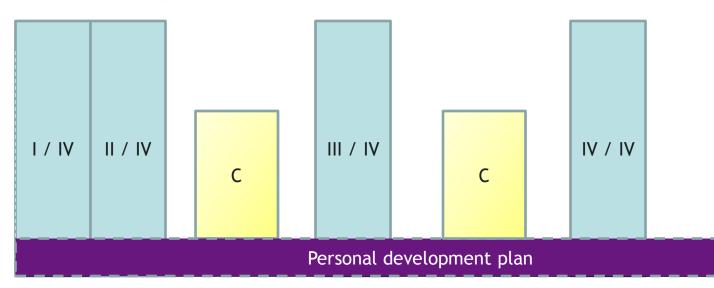
# Examples of cases - what we have done

- Courses in Aalto-University, e.g.
  - Innovation agent
  - Creative change management
- We are partner trainer of Aalto / Dipoli and Small Business Center
- Training and coaching in many different industry sectors
  - E.g. software / IT / R&D -personnel / team development
  - Leadership development
- Main trainers in OHKO / Tampere University of Technology
  - Software project manager training program
- Ethics and efficiency auditing, training, development projects together with CRNet Group
  - Several projects and customers





# Example of training process



I/IV = CREALEAD - Creative Self-Leadership (1 day)

II/IV = EVOINNO - Developing own innovation capabilities(1 day)

III/IV = PREMLEAD - Leading top performing teams(1 day)

IV/IV= "Let it groove" - Creating self organizing top performance (1 day)

C = One-to-one coaching (HOPE) (2X90 min)

RESULT:

NEW THINKING

NEW BEHAVIOR



top performance & well-being



# Thank you!

Olli-Pekka Mäkirintala
ALTONOVA Ltd
SUC / Aalto University
Hiilikatu 3, 00180 Helsinki
Mobile +358 40 5541031

Olli-pekka.makirintala@altonova.fi www.altonova.fi